Adding to your family? We can help you prepare!



Making the decision to start a family is exciting, but can raise many questions. With Health Advocate at your side, you have access to a team of advocates to listen to your health and insurance concerns, and get the right answers to your questions.



During pregnancy...

- Locate the right obstetricians, perinatologists and other providers
- Provide parents-to-be with health tips and vaccine recommendations
- Clarify pregnancy symptoms, prenatal tests and pregnancy exams
- Connect you to the necessary resources to understand your family leave rights at both the federal and state level
- Answer questions about complications such as gestational diabetes or postpartum depression, and find treatment



When your baby arrives...

- Explain how to add your baby to your health plan
- Find pediatricians and pediatric/lactation specialists and make appointments
- Clarify coverage for well-baby, well-child and postnatal care visits
- Help you prepare for your child's day-to-day care
- Answer questions about baby's health symptoms

We are an ongoing resource for you and your family

Employees, their spouse/partners, dependents, parents, and parents-in-law can all utilize our services.

866.695.8622

answers@healthadvocate.com

www.healthadvocate.com/werfen

Registration code: 2V46WBL

Call • Email • Message • Live Chat

werfen

HealthAdvocate℠

We're not an insurance company. Health Advocate is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider. ©2026 Health Advocate HA-M-2401206-2FLY