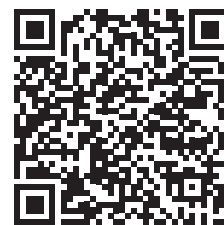




Don't forget your social life!

Wednesday, October 14, 2026 at 1:00 p.m. CT

Juggling the demands of work and home can be overwhelming, often leaving little room for self-care, hobbies or socializing. If you feel like you're always on the clock, this webinar reminds you that fun, relaxation and personal fulfillment are just as important as your to-do list. You'll leave with tips for carving out time for the people and activities you love and ways to maintain a healthier work-life balance.



Scan the QR code to [register now](#).

The webinar will be recorded and posted on your Employee Assistance Program website, Member.MagellanHealthcare.com.